

## **What is Biotherapeutic Drainage?**

Biotherapeutic Drainage using UNDA numbers is a therapy which involves **enhancing the body's normal routes of elimination to get rid of impurities and manage stress on our system.** Whatever we ingest or are exposed to, the body needs to process. Ideally, the body holds onto the good components of what we take in, while getting rid of the toxins that we don't need. When we are under stress, this ability becomes compromised. It can be physical stress, such as an injury; emotional stress, such as the loss of a loved one; chemical stress, such as poor dietary choices or over indulgence; or environmental stress, such as allergens or pollution in the air. Stress never goes away, but our ability to manage our stress can improve, so that it doesn't take such a serious toll on our system; long term stress plays a major roll in most chronic disease. This is where UNDA therapy, along with diet and lifestyle modification can be very helpful. UNDA numbers work with the body to help manage the ill effects from stress, so that body can work optimally.

The UNDA numbers are a unique combination of homeopathic formulas founded on the theories of Chinese medicine, Homeopathy, Anthroposophy and Alchemy. The remedies consist of low dose homeopathic combinations of plants and metals; the plants have an affinity for the organ, and carry the metals that act at the organ site. The formulation is very specific, and is not a 'shot gun' approach to homeopathy; each ingredient is a component of the whole remedy which is specifically combined to form a **single remedy**. It is similar to the idea that an apple can be taken apart to find seeds, a core, its stem, pulp and skin, yet all the parts combined form the fruit, a whole complete product. The UNDA numbers are used to treat acute ailments and chronic disease, addressing the symptoms but more importantly concentrating on reason that the body is manifesting the symptoms in the first place. They remedies are non-toxic, will not interfere with other medications (allopathic or holistic), and have a gentle yet deep-acting effect.

### **Who can benefit from taking UNDA numbers?**

Anyone who is interested in addressing the cause of their symptoms and supporting the body's inherent process of healing; anyone who wants to manage their stress more effectively.

Some examples of conditions that can be addressed with UNDA numbers:

PMS	IBS
Headaches	Ulcers
Fatigue	Allergies
Anxiety	Skin conditions
Poor digestion/malabsorption	Infections
Constipation	Autoimmune conditions (rheumatoid arthritis, lupus)
Acne	Headaches
Menopausal symptoms	Menstrual irregularities
Heavy metal detoxification	High blood pressure
Endocrine imbalances( diabetes, hyper/hypothyroidism)	High cholesterol
Cancer/ Side effects form cancer medications	Depression
	Sinusitis